



Gail Ruth Frederick

November 16, 1941 - September 28, 2023

Gail Ruth (Tarrant) Frederick of Litchfield, NH passed away peacefully on September 28 after a brief illness.

Born in Lowell, MA, on November 16, 1941, she was the eldest daughter of the late Richard Edward Tarrant and Ruth Abigail (Coughlin) Tarrant. She enjoyed a loving and adventurous 50-year romance with her husband and best friend, Paul Joseph Frederick. Gail lived most her life on Christian Hill in Lowell, raising two children there while working at Raytheon and Teradyne. [L] [SEP] In their retirement, Gail and Paul moved to Litchfield to be closer to their children, grandchildren, and great-grandchildren. After Paul passed in 2013, Gail continued to seek adventure, taking up line dancing and developing a special friendship with Ed Duchesne of Hudson, NH.

Gail loved everyone, and will be remembered as a selfless caregiver. A vivacious party-planner, she relished singing and dancing, cooking, and over-feeding her many friends and family. She hosted a famous annual Christmas party for many decades, and entertained loved ones at her boat slip on Lake Winnepesaukee until 2013.

She leaves behind her beloved family: daughter Paula Frederick of Londonderry and son Paul J. Frederick, Jr. of Concord; grandchildren Matthew (Adriana) Gitschier of Florida; Courtney (Chris) Healy, Ian DeLorme,

Meghan DeLorme, Joshua Lariviere, Jr., all of Londonderry, NH, and Zackary Frederick of Windham, NH; great-grandchildren Autumn Healy, Christopher Healy, and Mason Gitschier; and many adoring cousins, nieces, and nephews. She also leaves behind her two beloved sisters, Barbara Battis and brother-in-law Jim Battis of Hudson and sister Margaret McDonough and brother-in-law Chris Mc Donough of Litchfield

In addition to her cherished husband and parents, Gail was predeceased by her sister and brother-in-law Ellen Tarrant Harper and Joseph H. Harper, Jr.; brother and sister-in-law Richard E. "Dick" Tarrant, Jr. and Patricia Courtney Tarrant; brother John H. Tarrant; mother-in-law Matilda Frederick and brothers-in-law Billy Frederick and Leo Frederick; son-in-law Joshua Lariviere, and former son-in-law Mark DeLorme.

Calling hours will be held on Wednesday October 4, 2023 from 5-7pm at Dumont-Sullivan Funeral Home, 50 Ferry Street, Hudson, NH. A funeral Mass will be held on Thursday, October 5th in St. Francis Assisi Church, 9 St. Francis Way, Litchfield NH at 10 am. All may please meet at church. She will be inurned with her husband at a private ceremony in the future.

Previous Events

VISITING HOURS

OCT 4. 5:00 PM - 7:00 PM (ET)

Dumont-Sullivan Funeral Home Hudson, NH
50 Ferry Street
Hudson, NH 03051
(603) 882-9431
info@dumontsullivan.com

MASS AT CHURCH

OCT 5. 10:00 AM (ET)

St. Francis of Assisi
9 St. Francis Way
Litchfield, NH 03052

Tribute Wall



“ Dumont-Sullivan Funeral Homes & Cremation Services created a Tribute Video in memory of Gail Ruth Frederick



Dumont-Sullivan Funeral Homes - October 02, 2023 at 11:50 AM

DS

Rest in Peace my precious beautiful friend until we meet again. As broken as my heart is right now, I know your not in pain and you are dancing in heaven with the love of your life "Paul". You were an amazing lady that lit up so many lives with your kindness & gentle love of life. Rest easy my dear friend your memory will always be a part of my heart that I will cherish forever. I was blessed to have you in my life. Love you Gail Tarrant Frederick Forever in my heart 💔

Deborah Gulbicki Silva - October 03, 2023 at 04:59 PM

JR

“ I was totally shocked to hear at mass just this morning (Friday) that Gail has passed away. Such sad news....my condolences to Barbara and Duke and her entire family. Rest in God's Heavenly Kingdom Gail....you earned His reward.

Janet Richardson - October 07, 2023 at 03:23 AM



“ Gail Ruth Frederick

October 06, 2023 at 08:13 AM

DL

“ We both lived at the same Condominium and often met at St, Francis of Assisi Church in Litchfield. You could always count on her having a gracious smile and friendly attitude as we encountered each other taking our occasion walks around the neighborhood. Not to mention the good times we had at the Clubhouse for special neighborhood celebrations such as at Christmas times, etc. I will miss these special moments, My prayers and condolences go out to her family at this most difficult time. May God bless her soul. RIP Gail.

Dick Labrecque

Dick Labrecque - October 02, 2023 at 05:04 PM

LG

“ We have been so very happy to have had Gail in our lives over the past 4 years. She has brightened our fathers days and our days too. What a lovely, lovely woman. Lori and Doug, Tammy and Tommy, Doug and Shawn

Lori Grande - October 02, 2023 at 09:28 AM

RC

“ I volunteered with Gail at St Johns Day a Way Program on Wednesdays and she was one of the nicest ladies there. She will be missed by many.



Rita Clark - October 01, 2023 at 04:31 PM

TD

“ I'm devastated for you all. Keeping you in my prayers. Xo
Tammy Donovan (Ed's daughter)

Tammy Donovan - October 01, 2023 at 01:07 PM

EG

“ I remember the tucked in bra straps when she wore summer tops . Her TAB , and how she included me in everything. Gail will be truly missed. A beautiful kind woman  ”

eileen grenham - October 01, 2023 at 09:19 AM

CS

“ I may memories of Gail from my childhood I remember one her and Paul took me to Benson and to Friendly after I had the time with them. And I also remember all 4 of july cook outs swimming and fire works. ”

Cindy brown Sullivan - September 30, 2023 at 10:37 AM