



Frank Michael Polak Sr.

January 10, 1922 - January 9, 2012

Frank Michael Polak Sr., 89, of Nashua, died on Monday January 9, 2012 at Langdon Place of Nashua.

Frank was born in Hudson, NH on January 10, 1922 son of the late Simon and Theordora (Pasek) Polak and was the loving husband of Dorothy E. (O'Neil) Polak (2008) with whom he shared 64 years of marriage. Frank was also predeceased by a son Bruce R. Polak, his brothers Frederick, Joseph and Andrew and his sisters Phyllis, Vi and Jenny.

Frank resided in Nashua, NH and Palm Beach Gardens, FL. He enjoyed his summers in New England and his winters swimming in Florida. He served in the US Coast Guard in WWII and worked for 35 years at the US Post Office in Nashua; retiring in August of 1985. He was a past president of The National Association of Letter Carriers with the State of New Hampshire. After the passing of his loving wife Dorothy, Frank lived at Langdon Place in Nashua where he continued his love of swimming in their indoor pool and took great comfort in his social interaction with the residents and wonderful staff. He will always be remembered as a loving Husband, Dad, Grandfather and Friend.

He is survived by a son Frank Polak Jr. and his wife Anne of Tyngsboro, MA; a daughter Patricia Crandall and her husband Jon Crandall Jr. of Dunstable, MA; a daughter-in-law, Carol Polak of Ellenton, FL; a sister, Dorothy Boucher

and her husband Lionel of Hudson, NH; seven grandchildren, Kristin Polak of Leominster MA, Kimberly Polak of Colorado, Kourtney Curran of Groton MA, Karen Soweid of Tempe, AZ, Brian Polak of Los Angeles, Nicholas and Matthew Polak of Tyngsboro, MA, Timothy and Shannon Crandall of Dunstable, MA; five great-grandchildren, Riley, Max and Jillian Curran, Olivia Soweid and Selina Polak.

Visitation will be held on Friday January 13, 2012 from 8am - 9am at the DUMONT-SULLIVAN FUNERAL HOME, 370 MAIN ST., NASHUA. A Funeral Mass will be celebrated at 9:30am immediately following the visitation in St. Patrick Church, 27 Spring St., Nashua. Burial will take place in St. Patrick Cemetery, Hudson, NH.

Previous Events

Visitation

JAN 13. 8:00 AM - 9:00 AM (ET)

Dumont-Sullivan Funeral Home Nashua, NH
370 Main Street
Nashua, NH

Service

JAN 13. 9:30 AM (ET)

St. Patrick Church
29 Spring St.
Nashua, NH

Tribute Wall



“ *Frank Michael Polak Sr.*

October 06, 2023 at 08:13 AM



“ *Frank Michael Polak Sr.*

September 27, 2023 at 04:05 AM



“ *I am very sorry that I am unable to attend my grandfather's funeral and to pay my respects. I am currently attending my sister's wedding in Stockholm, Sweden this week.*

My grandfather was always kind, gentle and generous with me and my brother Brian. Even though I was quite young when I last saw him, my memory always recalls good times with him and my grandmother. I am grateful to them both that they cared for Brian and I at all times. They were the loving grandparents that children enjoy spending time with.

I have a 3 year old daughter, Chloe, and along with my husband, Roger, we send our condolences for my grandfather's passing and blessings to the Polak family that their hearts will heal and unite during this difficult time.

With love,

Karin###imported-begin###Karin Soweid###imported-end##

January 13, 2012 at 08:27 AM