



Albert "Al" Harrington

July 6, 1941 - April 2, 2025

Albert "Al" Joseph Harrington, a beloved figure in the Nashua athletic community, passed away peacefully on April 2, 2025, at the age of 83, surrounded by his loving family, after a courageous 12-year battle with Alzheimer's disease.

Al was born on July 6, 1941, in Cambridge, Massachusetts, to the late Albert Harrington and Mildred "Millie" Harrington (Legg). From a young age, his passion for sports and mentorship was clear. He graduated from Boston Latin School, where he developed the foundation of his lifelong commitment to athletics. He went on to earn both his undergraduate and graduate degrees in education and physical education from Boston University, further preparing him for a distinguished career dedicated to youth, education, and athletics.

Al began his professional journey as an assistant athletic director at Bentley College (now Bentley University), where he also served as an assistant basketball coach. In recognition of his contributions, he was inducted into the Bentley University Hall of Fame in 1992.

In the late 1970s, Al accepted the position of athletic director for the Nashua School District, a role he held with distinction until his retirement in 2001. During his tenure, he presided over one of the most celebrated eras in Nashua athletics. Among his many accomplishments were the establishment

of the school's first weight room, the founding of the Friends of NHS Athletics, and the development of summer programs in collaboration with Parks and Recreation.

Al's impact extended well beyond administration. He was also a beloved teacher and coach at Fairgrounds Junior High, where he inspired generations of students and athletes with his knowledge, encouragement, and care. His unwavering dedication to the community earned him numerous honors, including induction into the Boston Latin School Hall of Fame and the Holman Stadium Sports Legends Hall of Fame in 2022. He was posthumously inducted into the Nashua Athletics Hall of Fame in the spring of 2025, an honor announced shortly before his passing.

Outside of his professional life, Al was a passionate golfer and a longtime member of the Nashua Country Club, where he spent countless joyful hours on the course with friends and family.

Al will be remembered not only for his tireless work in education and sports but also for his kindness, humility, and the countless lives he touched along the way. His legacy is one of service, mentorship, and a deep commitment to the betterment of his community.

He is survived by his devoted wife, Kathleen Moran Harrington; his son, Joseph Harrington; his daughter, Christine Rynne; son-in-law, Joe Rynne; and his cherished granddaughter, Kaileigh, of whom he was incredibly proud. Al also leaves behind his brothers, David Harrington and his wife Jeanne, Edward Harrington and his wife Jeannette; his sister, Barbara Hourihan and her husband Johnnie; along with numerous nieces, nephews, and extended family members.

A time of visitation will be held on Friday April 11th from 4pm - 7pm in the

Dumont-Sullivan Funeral Home, 50 Ferry Street in Hudson. A Mass of Christian Burial will be held on Saturday at 10am in St. Patrick Church, 29 Spring Street in Nashua. All are asked to please meet at church. Burial will be held in St. Patrick Cemetery in Hudson. Following the burial service in the cemetery, a celebration of Al's life will be held to honor his memory and the lasting impact he made on the city of Nashua. Please join the family at Odd Fellows Brewing Co, 124 Main St, Nashua NH. In lieu of flowers, the family kindly requests that donations be made to the Alzheimer's Association in Al's memory, to support ongoing research and assistance for those affected by the disease: <https://www.alz.org/manh>.

Previous Events

VISITING HOURS

APR 11. 4:00 PM - 7:00 PM (ET)

Dumont-Sullivan Funeral Home Hudson, NH
50 Ferry Street
Hudson, NH 03051
(603) 882-9431
info@dumontsullivan.com

MASS AT CHURCH

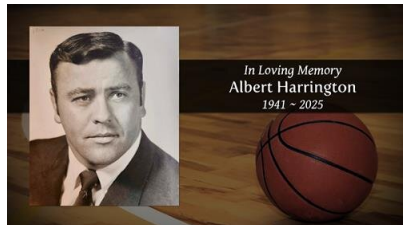
APR 12. 10:00 AM (ET)

St. Patrick Church
29 Spring St.
Nashua, NH

Tribute Wall



“ Dumont-Sullivan Funeral Homes & Cremation Services created a Tribute Video in memory of Albert "Al" Harrington



Dumont-Sullivan Funeral Homes - April 10, 2025 at 03:32 PM

RC

Sorry to hear the passing of my cousin Albert (Sonny) Harrington. My condolences to the Harrington Family.with love and sympathy , Richard and Anita Souza

Richard Souza(cousin) - April 11, 2025 at 07:06 PM

BB

I love this video. Great photos of Al, Kathy, and family. RIP Al. My Condolences to Kathy and family.

Bill Burke, Bentley Basketball and class of 1968

Bill Burke - April 15, 2025 at 05:48 PM

BB

“ *I will always remember Al during my four years playing Bentley Basketball. He was such a wonderful man and a great coach. He had that Irish Smile and he loved his family and life. It was not about winning or losing with Al, it was about how you treated your teammates and coaches. Al Harrington and Al Shields made the quite coaching team together. Al Harrington will be remembered by all of his players at Bentley with fondness and love.
Sincerely, Bill Burke, Class of 1968*

Bill Burke - April 15, 2025 at 01:37 PM

MB

“ I will always remember Coach Harrington during my stay at Bentley. He always had my best interest at heart which I will always be grateful!
The time spent with him those four years will always be treasured.
Rest in peace Coach.

marty Bricketto - April 12, 2025 at 01:47 PM

SM

“ We have so many memories of our dear friend Al, and his family, that we will always cherish. We loved his sense of humor and all the teasing he would do! Our sons (Joey & Kevin) going to daycare at the Boys Club, our involvement in Nashua sports and the Friends of NHS Athletics, running the carnival fundraiser, going out to dinners together, hanging out at events, and enjoying the friendship that our families shared.

Kathy you are a strong woman and Al was a very lucky to have you by his side. Joey and Chrissy, your Dad was so proud of you. We loved him and we love you. He will always be in our hearts. God Bless You!
Dennis & Sue Morrissey & Eddy & Kevin

Sue Morrissey - April 10, 2025 at 01:55 PM

JH

“ Dear Kathy, Crissy, Joey, Joe and Kailey I will always remember the good times at picnic, the beach and all the get-togethers. It is a blessing watching this family grow and more on the way. We will keep Sonny in our hearts and prayers as wells his beautiful family.
RIP Sonny, you are loved Your sister-in-law, Jeanette

Jeanette Harrington - April 10, 2025 at 12:06 PM

CE

“ *Kathy, I am so sorry for your loss and that of your children. My thoughts and sincere condolences are sent your way.*

Carol Ethier Enriken - April 06, 2025 at 06:27 PM

CF

“ *Candy And Bob Friborg lit a candle in memory of Albert "Al" Harrington*



Candy and Bob Friborg - April 06, 2025 at 05:16 PM